

Project Profile

Location:

US

Project:

FLEX

Industry:

Health & Fitness

Technologies / Platform:

- iOS
- Android

Business Benefits:**Customer / Consumer**

- Searching for fitness buddy
- Connecting with personal Trainers
- Workout sessions within the app
- Chatting

Client

Flex, the US based client.

Business Needs

- To enable the users to play games when the alarm rings.

Rapidsoft's Role

- To develop complete iOS and android Mobile App from scratch.

Solution Overview**Mobile App**

- To Choose the program that is perfect for you based on your goal, experience level, gender, age, duration or number of workouts per week.
- Apply the training program to your BodyCalendar and get a daily to-do list with reminders.
- Choose from thousands of workouts created by our Community. Locate your workout by goal, experience level, gender, age, duration, cardio and muscles targeted.
- Explore the thousands of exercises in App.
- Track all the details of your workouts with exercise tips, videos, previous stats, rest-timers and more.
- Watch as your workout stats (weight lifted and cardio times) hit millions of pounds and hundreds of hours.
- Connect with different people within the app, make workout buddies and search for perfect personal trainer

Highlights:

- One on one chat
- Connecting with multiple people
- Search for workout buddies or personal Trainers
- Exploring different trainers profile.
- Doing workout within the app